Mentor Expectation Worksheet

Directions: Use this worksheet to help you develop an understanding of what you expect to gain from your mentoring relationship. Add your own items whenever you do not find them listed.

The reasons I want to be a mentor are to:
- Encourage and support less senior faculty
- Establish close professional relationships
- Challenge myself to achieve new goal and explore alternatives
- Pass on knowledge
- Create a network of talented faculty
- Other: ________________________________

I want my mentee and I to:
- Tour my labs/facilities, learn about my projects/activities
- Go to formal mentoring events
- Meet over coffee, lunch, dinner
- Go to educational events such as lectures, talks, documentaries
- Go to local professional meetings
- Other: ________________________________

I hope my mentee and I will discuss:
- Academic activities that will most benefit my mentee’s future career
- Promotion preparation
- The realities of the academic workplace
- My work
- How to network
- How to manage work and home life
- Other: ________________________________

The things I feel are off limits in my mentoring relationship include:
- Going to restaurants to meet
- Using non-public places for meetings
- Sharing private aspects of our lives
- Meeting behind closed doors
- Other: ________________________________

As a mentor I will assist my mentee with professional advancement by:
- Opening doors for my mentee for advancement possibilities
- Introducing my mentee to people who might be helpful to his/her advancement
- Helping my mentee prepare for promotions
- Suggesting potential professional contacts for my mentee
- Critiquing my mentee’s proposals
- Other: ________________________________

The amount of time, on average, I can spend with my mentee will be:
- _____ Hours each week
- _____ Hours every other week
- _____ Hours each month

Adapted from New Mexico State University’s ADVANCE Mentoring Program. Original source: A Curriculum for Training Mentors and Mentees by Brainard, Harkus, and St. George.